

2022 KODOKAN SUMMER COURSE II

Techniques, lecture, randori, shiai

- 1. Objective** The main purpose of “Summer Course II” is to strengthen participants through practice and to provide them with various explanations and practical training. We want participants to establish basis as well as brushing up favorite techniques, and furthermore, to learn new techniques. We are looking forward to active participation of university students, high school students, junior high school students and other young people.
- 2. Date** From July 25 (Mon) to July 29 (Fri) for 5 days
- 3. Course & Level**
 - Course A: from 1st dan to 3rd dan
 - Course B: 1st kyu or below
 - Course C: Junior high school students
- 4. Eligibility**
 - Aged 13 or over and up to 3rd dan
 - Please ask Education & Instruction Department about the possibility of acceptance if you don't meet the above requirements.
 - All participants must be members of Kodokan. (Membership fee 8,000 JPY)
- 5. Fee** 6,600 JPY per person
Payment should be completed in advance via a payment link we will send by e-mail
- 6. Insurance** Kodokan does not provide any type of insurance. You are required to take out adequate insurance before leaving your home country. Kodokan will not be responsible for any injury or loss or damage to your property.
- 7. others**
 - (1) Participants are required to show their Kodokan membership cards at the reception counter in order to check attendance every day.
 - (2) To prevent infection of COVID-19, participants should follow our instructions.
 - (3) Kodokan can't be a sponsor for any visa application.
- 8. Application form** <https://forms.gle/m1tz5cUL3Ac6FXXu6>
 - (1) All fields followed by an asterisk must be filled in.
 - (2) Please attach a photocopy of your passport.
- 9. Deadline** Applicaions close on July 15 (Fri), 2022

SCHEDULE

	9:30	9:40	10:30	11:30	12:00	14:00	15:00	15:30	16:00	16:30	17:00
July 25 (Mon)	Opening	Lecture	Nage Waza (Basics)			A	Training Methods	Nage Waza		Randori	
						B C	Nage Waza				
July 26 (Tue)	Nage Waza		Randori	Lunch Break	Nage Waza		Lesson by a Special Instructor & Randori				
July 27 (Wed)	Katame Waza (Basics)		Randori		Katame Waza		Lesson by a Special Instructor & Randori				

July 28 (Thu)	Katame Waza	Randori		Katame Waza (Combination Techniques)	Lesson by a special instructor & Randori	
July 29 (Fri)	Nage Waza (Combination Techniques)	Randori		Nage Waza & Katame Waza (Review)	Randori	Wrap-up & Closing